



Montessori Methods for Dementia™

A Focus on the Person and the Prepared Environment

Date: Monday March 9 & Tuesday March 10, 2015

Time: 8:30 a.m. – 4:00 p.m.

Location:

Bannockburn School
12 Bannockburn Ave.
Toronto, ON
M5M 2M8

Authorization provided by:
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Workshop Date:

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12 Bannockburn Ave.
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Audience:

Individuals who are interested in learning about Montessori Methods for Dementia™ are invited to attend.

* Permission to use materials provided by: DementiAbility Enterprises Inc.



About The Workshop

This two-day program focuses on Montessori Methods for Dementia™, an innovative method of working with older adults living with cognitive and/or physical impairments. Montessori Methods for Dementia™ is based on the educational philosophies of famed childhood educator, Dr. Maria Montessori. Dr. Cameron Camp, when he was the Research Scientist and Director of the Myers Research Institute, Cleveland, OH, discovered that Dr. Montessori's philosophies and principles could be effectively adapted to dementia programming. Research has provided clear evidence of increased levels of engagement and participation in activities when Montessori approaches are implemented with persons with dementia. Participants in this workshop will learn about the basic principles of Montessori Programming, along with practical “hands-on” opportunities to apply the techniques and consider how these activities could be adapted for their clients/programs/home. The first day of the program focuses on the facts (**knowledge**) and the second day focuses on putting the concepts into **practice** for specific clients, activities, and environments.

Objectives

By the end of this two-day program, the learner will be able to:

- Link interests, skills & abilities of persons with dementia to Montessori goals and objectives.
- Describe the Montessori Methods for Dementia™ model and explain why this is a useful technique for those with dementia.
- Describe the Montessori philosophy as well as the basic Montessori principles.
- Develop programming for individuals and groups based on the main Montessori classes of activities, as modified for dementia.
- **Create and present** Montessori activities based on Montessori principles.
- Assess current programming strategies and know how to modify some to be more Montessori in nature.

WORKSHOP AGENDA

Day 1

8:30 a.m. – 9:00 a.m.

Registration

9:00 a.m. – 9:15 a.m.

Introduction to Montessori Methods for Dementia™

9:15 a.m. – 10:00 a.m.

Understanding Dementia

- An examination of abilities
- Exploring the relationship between responsive behaviours and the question “why?”
- Finding the person behind the dementia

10:00 a.m. – 10:15 a.m.

Break

10:15 a.m. – 12:00 p.m.

Explanation of Memory & Reading Ability

- Defining the terms: procedural and declarative memory
- Spared capacity in dementia

12:00 p.m. – 1:00 p.m.

Lunch

1:00 p.m. – 2:15 p.m.

Introduction to Montessori Programming

- Making connections: Dr. Montessori’s pioneering work and dementia
- Tools to get you started
- Linking needs, skills and abilities with goals
- The importance of activities
- The Montessori Methods for Dementia Model

2:15 p.m. – 2:30 p.m.

Break

2:30 p.m. – 3:00 p.m.

Creating and Presenting Montessori Activities

- The key to success: The Montessori Principles
- Creating and Presenting Activities
- Roles and Routines

3:00 p.m. – 4:00 p.m.

Activity Reconstruction: Developing Materials for Montessori Programming

- The main categories/classes of Montessori activities

Day 2

8:30 a.m. – 9:00 a.m.

Review of Day 1

9:00 a.m. – 10:00 a.m.

Montessori Methods for Dementia™ is for:

- A home/program: A Philosophy of Care
- Individuals
- Groups

Group Exercise:

- Putting the Montessori Methods for Dementia Model into Practice
- Role Play

10:00 a.m. – 10:15 a.m.

Break

10:15 a.m. – 11:30 a.m.

Creating Montessori Activities

- Role Play: Montessori Methods for Dementia Bingo demonstration
- Creating “Instruction Sheets”

12:00 p.m. – 1:00 p.m.

Lunch

1:00 p.m. – 1:30 p.m.

Addressing the Top Ten Responsive Behaviours with Montessori Methods for Dementia programming

1:30 p.m. – 2:00 p.m.

Group Sharing, Role Play & Discussion

2:00 p.m. – 2:15 p.m.

Break

2:15 p.m. – 4:00 p.m.

Addressing Barriers to Implementation

